

SURFINGDOCTORS

IN THE RIGHT PLACE AT THE RIGHT TIME



Surf-Doc's Travel Medical Kit contents

This kit is designed to help keep travelers away from hospitals and continuing on their holiday. It's suitable for people with various levels of first aid experience, from doctors through to a completely inexperienced traveler. It also be useful as a medical kit for your home, car or boat.

The cost of the kit is \$160 (includes \$10 postage within Australia). Please feel free to contact us via the link on the website at www.surfingdoctors.com for ordering or more information.

NB: All proceeds made from these kit's goes towards current medical projects in Indonesia, conducted in collaboration with the SurfingDoctors.



- Waterproof case with inbuilt detachable mirror
- Practical skills flash-cards (i.e. how to suture) with Youtube links
- Thermometer
- A torch with batteries
- Rehydration sachettes• Alcohol Swabs
- Chlorhexidine solution
- Ointment for skin ulcers / rash / itch
- Burn ease dressings
- Various dressings
- Gauze swabs
- Cotton wool balls
- Surgical gloves
- Wooden tongue depressors
- IV Cannula
- Scalpel
- Nylon suture material
- Steri Strips
- Surgical tape
- Bandages
- Sling
- Wound drying spray
- Aspirin