

Burns Treatment:

The general principle is to keep the wound clean, moist, prevent infection and allow the body to get rid of the dead tissue and then re-epithelialize the wound.

Duoderm extra thin and then tegaderm dressings. plus maybe some Kaltostat under the duoderm to soak up the exudate that will occur under the dressing. The forearm will be easy to dress, the hand wont. Don't pop the blisters on the palm as they will act as dressings. If they do pop then try to peel off the dead skin and dress the wounds.

SSD cream is messy and isn't that easy to use. Putting a burnt hand covered in SSD into a plastic bag and doing daily changes is common treatment but means you can't use your hand for anything!

Acticoat is great but we don't have any and it is expensive. Change either 3rd or 7th daily depending on the type of acticoat.

There are lots of other dressings but we don't use these in our clinical practice.

Don't let them get infected or you have a really big problem.

