

SURFINGDOCTORS

IN THE RIGHT PLACE AT THE RIGHT TIME



3rd Annual Conference

17th Sept-21st Sept 2012

G-Spot Surf Camp

Plenkung Reserve

SE Java, Indonesia.

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Opening Ceremony: 5pm Monday 17 September

Introduction / welcome / Sundowners / Dinner.

Day 1: 10:00 am Tuesday 18 September

- Indonesian Culture: Dr Mike Frood
 - Indonesian Public Health Overview
 - Major burdens of disease
 - Bahasa basics
- The Surfdocs: Dr Phil Chapman
 - Where are we going?
 - What are we about?
 - Numbers – doctors / medical students / paramedical
- The Medical Students - Anthony Brown, Dr Alex Turner, Angus Murray
 - Numbers / Recruitment / Fund Raising / Mentorship
 - Questionnaire Review
 - Appraisals & Assessments
 - Injury Audits
 - Case Series
 - Public Health

Day 2: Wednesday 19 September

Scenarios & Workshops

- Water Retrieval / Spinal Trauma & Immobilisation
- Evacuation Logistics (Dr's Alex Turner & Giovanni Palatella)
- Nasty Fracture (eg. Pelvic), Common Dislocations
- Near Drowning
- Retrieval (Who, How, Logistics)

Issues to cover: (Dr's Phil Chapman, Preeti Nirgude, Dennis Millard)

- Resus in the Jungle (Airway / Supplemental O₂ / Chest Drains / Haemorrhagic Shock)
- IV Access / Supportive care
- Specific Care: Pain Control / Antidotes / Antivenom
- Opiates / Sedation / Ketamine
- Documentation / Medico-legal aspects.
- Comms / Dealing with Travel Insurance / Other tips, traps and controversies.

Other Scenarios

- Shark attack / Haemorrhagic shock & Post shark attack debrief
- Use of Tourniquet's
- Chest Trauma & Chest Drains
- Blunt Abdominal Trauma
- Complicated Lacerations
- Suturing workshop

Surf Doctoring pearls (Part 1 - Dr Clay Everline (Guest Speaker from Waves of Health))

Day 3: Thursday 20 September

- Paramedical Workshops (James Raaff – Biokinetics expert)
 - Injury Prevention
 - Rehabilitation from Injury
 - Biokinetics Pearls
 - Physiotherapy
 - Acupuncture
 - Diet

- STD's and the travelling surfer (Dr Micha Evans)

- Disaster Medicine (Phil Chapman & Jim Parkinson)
 - Disaster Scenarios
 - Tidal Wave
 - Blast
 - Burns
 - Evacuation
 - Communications / Use of Walkie Talkies
 - Avoiding / treating infections
 - Escharotomies
 - Use of Opiates and Ketamine
 - Dealing with the Media

- Surf Doctoring Pearls (Part 2) – Dr Clay Everline

Day 4: Friday 21 September

- Un-Conference – Free flow of ideas for the future of Surfing Doctors
 - Collaboration with other groups
 - Documentary Project (Phil Chapman & Wendy Henderson)
 - Solomon Islands (Namuga)
 - Coffee Bay (South Africa)
 - Indonesia (Macaroni's, Mentawi options)

- Tropical Medicine Update (Dr Wendy Henderson)

- Workshops
 - Airway in remote areas
 - Splinting Fractures
 - Plaster techniques
 - C-spine control / Spinal precautions
 - Drugs of Abuse
 - Surfer Awareness
 - Stimulants –The Good , Bad and the Ugly !!(coffee, spirulina, speed, cocaine, other)

Closing Ceremony / Dinner / Drinks / Party / Fines Meeting